

## LIFE GROUP (29-04-10)

### **PRAISE FACT (Psalm 9:1-2) Read scripture together**

Message translation say's: *I'm thanking you, God, from a full heart, I'm writing the book on your wonders. I'm whistling, laughing, and jumping for joy; I'm singing your song, High God.*

God expects you to praise Him with all your heart. What does that mean to you -discuss briefly.

### SERMON TITLE: **IDENTIFYING FEAR** - CAUSED FROM TRAUMA

Fear is the major cause of trauma. It has been defined as an unpleasant emotion caused by the belief that someone or something is dangerous, likely to cause you pain or is a threat to you. It is a spirit that torments you into believing that something terrible will happen to you in the future. It needs your faith for it to operate. When you know how to deal with the spirit of fear, you will remove trauma from your life.

#### SYMPTOMS OF FEAR:

Recurring things that you experience way beyond normal temptation, things you can't get victory over—such as: Fits of rage, bitterness, paranoia, self-pity, sexual lust, gossiping, spending binges.

Recurring problems in your family line: Multiple or repetitive accidents or injuries, particularly of the same type. Premature deaths, suicide, Multiple cases of a particular disease such as diabetes, strokes, heart disease. Multiple premature deaths. Multiple cases of alcoholism. Multiple cases of divorce. Multiple mental illnesses /emotional illnesses. Substance abuse/drugs, alcohol Immorality, bigotry, violence, perversion, pride, lying, Magic, tarot card readings, séances, free masonry, new age or cults.

Struggling to Prosper: Continual lack of prosperity. Continual financial problems. 'Just always having enough' syndrome. Repeated business failures. Personal performance at work hampered despite one's best efforts. Continual interference of others at work that oppose your progress. Frustrated because nothing seems to help or to be able to change or improve. Multiple manifestations of the same kind of physical, circumstantial, or emotional problems in the family line, such as multiple cases of suicide, etc.

Children: Poor eating or sleeping habits in infants or children. Failure to thrive in young infants or sickliness. Inability to conceive children or multiple miscarriages.

TESTIMONIES: Please use this time to testify how you have overcome fear in your lives.

