

LIFE GROUP (06-05-10)

PRAISE: Can you remember what 'Yadah' praise means.

SERMON TITLE: **OVERCOMING THE SPIRIT OF FEAR - CAUSED FROM TRAUMA**

It has been said that *'all forms of fear come from the underlying fear of death'*.

Death is the most unknown reality to all of mankind –except believers. Because of this –it is the root cause of all fear. If you don't fear death you will never fear life.

What happens at death -To understand it –we have to look at the rapture.

Rapture is an event in the future when believers will be physically removed from the earth to meet the Lord in the air. It's a state of transformation -being physically absent from the Lord to be physically present with Him.

1 Corinthians 15:52.

*..in a **moment**, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, and the dead will be raised incorruptible, and we shall be changed.*

Although referring to the RAPTURE, physical death will have the same time frame, to transition into God's presence. Instantaneous transformation from one state to another. From the earthly realm to the heavenly realm. No time frame - from being absent to being present between life and death.

2 Corinthians 5:8

We are confident, yes, well pleased rather to be absent from the body and to be present with the Lord.

To be absent from the body is to be instantaneously present with the Lord 2 Corinthians 5:8. You will not fear death if you are convinced that you will meet the Lord instantly. Death takes you where you eternally belong, in the physical presence of the Eternal God. The same God who did not leave you for a microsecond in life will not leave you for a nanosecond in death.

TESTIMONIES: Please use this time to testify how this lesson has impacted you.

PRAY FOR SOULS: Please don't forget to pray for the souls to get saved in our church.